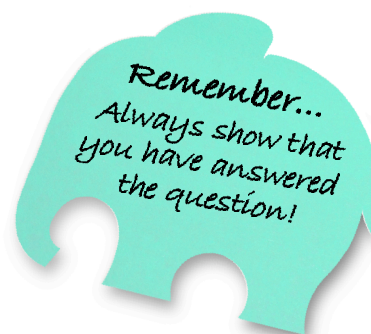


Writing a conclusion

Another example



Examine the factors which determine the success of the sporting elite.

In conclusion, this essay has examined the multitude of factors needed to reach the top of an individual sport. It took tennis as its main case study, and compared the core qualities required to excel in this field with those needed in other sports such as boxing, swimming and marathon running. It found that those at the top of each sport shared many attributes, including single-mindedness, self-belief and, perhaps most significantly, a strong, 'almost phobic' aversion to losing (Perry, 2016). These commonalities might have suggested that the elite individuals studied would have reached the pinnacle of almost any endeavour. However, genetic factors also emerged, determining such crucial attributes as height, reach and hand-eye co-ordination, the natural occurrence of which could never be duplicated entirely by hard work (Smith, 2016). What many leading sports stars have also acknowledged is that, irrespective of their mental and physical qualities, luck can make the difference between sporting success or failure, whether it takes the form of a lifelong predisposition to muscular injury, or being born with 'a touch of genius'. As commentators frequently remark whilst watching Roger Federer on the tennis court: 'You can't teach that.'

For this reason, there appears to be no fail-safe formula for sporting stardom, only a set of qualities and skills that will increase the chances of success, whilst reducing the risk of failure. The ability to ignore this inconvenient truth in the single-minded pursuit of excellence is therefore, perhaps, the greatest determining factor of all.

← **Revisit the question**
Restate the overall objectives of your assignment and show that the question has been answered.

← **Summarise your arguments**
Sum up your main findings and review the key points you have made.

← **Draw overall conclusions**
Reflect on the broader significance of the evidence you have presented.